

See Table 7.3 for origin or muscle names		
Fill in missing "helpful information" as you deem necessary		
Test date for muscles is:		
Muscle Name	Location	Helpful Information
brachioradialis	arm, lower	brachi refers to arm, on radial side
extensor carpi radialis	arm, lower	extends hand or radial side
extensor carpi ulnaris	arm, lower	extends hand or ulna side
flexor carpi radialis	arm, lower	flexes hand on radial side
flexor carpi ulnaris	arm, lower	flexes hand on ulnar side
palmaris longus	arm, lower	long muscle that terminates in palm
biceps brachii	arm, upper	bi = 2, cep = head, brachii = arm
brachialis	arm, upper	pertains to the arm
deltoid	arm, upper	"D" shaped = deltoid
triceps brachii	arm, upper	3-headed arm muscle
latissimus dorsi	back, mid	
infraspinatus	back, upper	below the spine (of the scapula)
levator scapulae	back, upper	elevates the scapula
rhomboid	back, upper	shaped like a rhomboid
supraspinatus	back, upper	above the spine (of the scapula)
teres major	back, upper	
trapezius	back, upper	shaped like a trapezoid
external oblique	chest/abdomen	
external intercostals	chest/abdomen	
internal intercostals	chest/abdomen	
internal oblique	chest/abdomen	
pectoralis major	chest/abdomen	
pectoralis minor	chest/abdomen	
rectus abdominis	chest/abdomen	
serratus anterior	chest/abdomen	
transverse abdominis	chest/abdomen	
frontalis	head	
occipitalis	head	
orbicularis oris	head	orbit + mouth
temporalis	head	
buccinator	head, face	buccal = cheek
frontalis	head, face	
masseter	head, face	
orbicularis oculi	head, face	
orbicularis oris	head, face	
sternocleidomastoid	head, face	
zygomaticus	head, face	
achilles tendon	leg, lower	
extensor digitorum longus	leg, lower	
gastrocnemius	leg, lower	
peroneus longus	leg, lower	peroneus = pin, also pert. to fibula
popliteus	leg, lower	
soleus	leg, lower	
tibialis anterior	leg, lower	

adductor longus	leg, upper	
adductor magnus	leg, upper	
biceps femoris	leg, upper	bi = 2, cep = head, femoris = femor
gracilis	leg, upper	
Iliopsoas	leg, upper	
iliotibial tendon (tract)	leg, upper	
quadriceps femoris	leg, upper	
rectus femoris	leg, upper	
sartorius	leg, upper	
semimembranosus	leg, upper	
semitendinosus	leg, upper	
tensor fasciae latae	leg, upper	
vastus intermedius	leg, upper	
vastus lateralis	leg, upper	
vastus medialis	leg, upper	
sternocleidomastoid	neck	
trapezius	neck	